

South Carolina Transportation and Wellness Summit: Riding to Wellness



**Thursday, November 3, 2016
Columbia Conference Center
169 Laurelhurst Avenue
Columbia, South Carolina**

**Sponsored by the Transportation Association of South Carolina (TASC)
through a grant from the South Carolina Department of
Transportation (SCDOT), Office of Public Transit, Rural Transit
Assistance Program (RTAP)**



**South Carolina Transportation & Wellness Summit:
Riding to Wellness**

DRAFT AGENDA

8:00 am – 9:00 am *Registration Desk Open – Front Reception Desk*

8:15 am – 9:00 am *Continental Breakfast – Gallery*

9:00 am – 10:15 am *Welcome and Opening Plenary – Ballroom One*

Welcome & Summit Purpose: Keith Scott, President, Transportation Association of South Carolina (TASC)

Mission of TASC/Membership Terecia Wilson, Director, TASC

Status of Public Transportation in South Carolina
Doug Frate, Director of Intermodal & Freight Programs, SCDOT

Federal Transit Administration's "Riding to Wellness Initiative"
Dr. Yvette Taylor, FTA Regional Administrator
Atlanta, Georgia

10:15 am – 10:30 am *BREAK*

10:30 am – 11:45 am *Plenary Session: Transportation & Healthcare – Ballroom One*

Presiding: Katerina Moreland, Vice President, TASC

“Access to Health Care and Transportation”

Maya H. Pack, MS, MPA

Associate Director, Research & Strategic Initiatives

South Carolina Institute of Medicine and Public Health (IMPH)

The South Carolina Institute of Medicine and Public Health (IMPH) serves as an informed, neutral, non-partisan convener and provider of evidence-based information relevant to policy decisions and other actions impacting the health and well-being of all South Carolinians. IMPH has recently convened taskforces on behavioral health and long-term care in South Carolina and established a collective strategic direction to meet the current and future needs of the state. These taskforces and other initiatives of IMPH have identified the lack of accessible and affordable transportation as a key problem in accessing health and human services. This presentation will explore the impact of transportation on health care access and highlight the special needs of the older adult population, individuals with disabilities, and those

living with chronic behavioral health issues.

“Results of Independent Transit Study in Greenville County, SC”

Katy Smith, Executive Director, Piedmont Health Foundation

This presentation will focus on the results of an independent transit study conducted in Greenville County, SC. The presentation will cover all areas of transportation and how local agencies can better serve your communities by creating better partnerships with other private businesses and public agencies.

11:45 am – 12:45 pm Lunch – Gallery and Ballroom One

Presiding: Terecia Wilson, Director, TASC

Invocation

Luncheon Service

Lunch Presentations:

Coretta D. Bedsole

AARP South Carolina

Associate State Director – Advocacy

Columbia, South Carolina

Amy Conrick

National Center for Mobility Management Program Manager

Community Transportation Association of America (CTAA)

Washington, DC

Video Presentation: “Public Transportation Gets You There”

12:45 pm – 1:45 pm Plenary Session: Transportation, the Environment, and Their Impact on Chronic Health Conditions – Ballroom One

Presiding: Sharon Hollis, Secretary, TASC

“Transportation and Air Quality”

Brian K. Barnes, Environmental Health Manager, Standards & Assessment Section/Bureau of Air Quality, SC Department of Health & Environmental Control, Columbia, South Carolina

A recent modeling study of air emissions conducted jointly by EPA and SC DHEC has demonstrated that the most effective means to reduce exposure to harmful pollutants is to focus on reducing emissions from mobile sources. A specific effort is needed to improve mass transit, bicycle/pedestrian access, and car/van pools to reduce the use of single occupant vehicles.

“Traffic Congestion, Air Quality and Their Impact on Asthma Patients”

Michael Shoemaker, MBA, RRT-NPS, AE-C, Manager, Respiratory Care Services; Certified Asthma Educator and Site Coordinator, Asthmania Academy (ASME Certified; AnMed Women’s and Children’s Hospital, Anderson, South Carolina

This presentation will report the findings of a study regarding traffic congestion, air quality, and the impact on asthma patients, particularly, children with asthma.

1:45 pm – 3:00 pm Plenary Session: Transportation and its Relationship to Food Access and Active Living – Ballroom One

Presiding: Lynn Stockman, Treasurer, TASC

“Transportation Access and Food Security Status”

Carrie Draper, MSW, Director of Policy and Partnership Development
Center for Research in Nutrition and Health Disparities
Arnold School of Public Health
University of South Carolina
Columbia, South Carolina

This presentation will showcase data for the Midlands region of South Carolina that shows a direct association between access to reliable transportation and food security status (i.e., the less access to reliable transportation over the past year caregivers reported, the more food insecure their children were). Rich qualitative data from caregivers, as well as from interviews with schools, senior centers, food pantries, community center, etc., that speak to the lack of access to transportation as a main barrier to access healthy foods in communities across our state will also be presented.

“Summary of Report Update by the South Carolina Food Access Task Force and Transportation Recommendations”

Anna Hamilton Lewin
Chief Operating Officer
South Carolina Community Loan Fund
Charleston, South Carolina

This presentation will summarize the work of the South Carolina Food Access Task Force and its 2016 Food Access Update. The update includes a recommendation related to transportation and a call to action for better interdisciplinary communication networks between food advocates, planners, and transportation agencies.

“Efforts to Improve Community Design and Active Travel in South Carolina”

Kelly Kavanaugh, MPH, CHES
Active Living Consultant
Division of Nutrition, Physical Activity, and Obesity
SC Department of Health and Environmental Control

Columbia, South Carolina

This presentation will discuss the 2015 Surgeon General's Call to Action to promote walking and walkable communities as a means to address the growing obesity epidemic in America. The Call highlighted the need for all sectors of society including transportation, land use, and community design to develop more walkable community environments that are appropriate for all ages and abilities. Active Living Consultant Kelly Kavanaugh will discuss how the SC Department of Health and Environmental Control is working to promote policies, systems, and environmental changes to support the development of more walkable communities and how these efforts can help to support SC transportation systems.

3:00 pm – 3:15 pm *Afternoon Break*

3:15 pm – 4:00 pm *Plenary Session: The Durham, North Carolina Model for Excellence for Transportation and Wellness – Ballroom One*

Presiding: Curtis Sims, Jr.

Training, Safety and Security Program Manager
Rural Transit Assistance Program Coordinator (SC RTAP)
Office of Public Transit, SCDOT
Columbia, South Carolina

Julia Gamble, MPH, NP
Duke Outpatient Clinic
Durham, NC

The presenter in this session will fully describe how she and other partners established community partnerships to implement a best practice, model program for excellence in transportation and wellness. The program includes the transportation community,

public health and medical community, business partners, educational institutions, and other community partners. Presenters will discuss the challenges they faced in implementing the program and how they successfully overcame the barriers that they faced.

4:00 pm – 4:30 pm *Plenary Session: Wrap-Up and Path Forward*

Keith Scott, President, Transportation Association of South Carolina

- Implementing joint advocacy efforts to expand and enhance public transportation
- Building the relationships – partnering to achieve mutual goals
- Communicating our shared vision

4:30 ***Adjournment***

Show/insert logos of sponsoring organizations as appropriate.

Special thanks to SEON for sponsoring the Summit afternoon break!

Special Note: All PowerPoint presentations from today's Summit are available for download on the TASC website. Go to: transitsc.org.

The Transportation Association of South Carolina (TASC) is a nonprofit organization that promotes public transportation in South Carolina. TASC works to education and increase awareness of the benefits of expanded public transportation services and advocates for transit-friendly legislation. The organization offers technical training and support to its members by hosting seminars and an annual conference and trade show. TASC is committed to expanding and enhancing public transportation service throughout the state. For information regarding membership in TASC, contact TASC Director Terecia Wilson at

wilsontw123@gmail.com or (803) 537-6807. You can also go to the TASC website at <http://transitsc.org>.

Save the Date: 2017 TASC Annual Conference, Trade Show and Statewide Transit Roadeo: March 23 – 26, 2017 at the Marriott Grand Dunes, Myrtle Beach, SC. Watch the TASC website for registration information – coming soon! Go to transitsc.org.

On behalf of the members, Board of Directors, and officers of the Transportation Association of South Carolina, please accept our sincere thanks and appreciation for sharing your day with us to discuss Transportation and Wellness: Riding for Wellness. Let us take what we have learned today and build effective relationships between our various organizations that will indeed promote enhanced and expanded public transportation services in our state in support of our mutual goals to improve health and wellness for all our state's citizens.

-Transportation Association of South Carolina (TASC)

Draft Agenda Updated 10/24/2016

